

WELCOME TO THE SUMMER 2021 NEWSLETTER

THE BEST RESOURCE FOR MEMBERS



NEWSLETTER SERIES 2021

EDITOR'S NOTE

CHANGING OF THE GUARD

MESSAGE FROM THE
OUTGOING AND INCOMING
PRESIDENTS

CAPM CREDENTIALING COURSE

CAPM WEBINAR SERIES

JOURNAL CLUB

NEW WEBSITE

EXCITING CHANGES AT CAPM!

As we move through 2021 and into 2022, CAPM has begun to make some changes that will benefit its members with more education offerings and communications.

Keep watching for announcements!



Editor's Note

This Newsletter is focused on exciting changes at CAPM and there are many! This represents a commitment to our membership to expand the work we do at CAPM in order to meet our vision of promoting excellence of care for pain sufferers in the context of interdisciplinary collaboration, and through adherence to the core professional attitudes and acquisition of knowledge essential for caring for pain sufferers.

- We have a change of the President to announce
- We have new educational events coming this Fall
- CAPM is initiating our first journal club
- We have a new website designed to work with all types of computers, laptops, iPads and iPhones.
- We have welcomed new new Board members.

So this is an exciting time at CAPM and we look forward to providing you with multiple means of meeting our vision

CHANGING OF THE GUARD

At the July 7, 2021 Board of Director's meeting, Dr. Eldon Tunks announced his resignation as President. We as a Board of directors sadly have to accept. Dr. Tunks, who has been a pioneer in the work of multidisciplinary pain management has been the President of the CAPM from 2005 - 2021 - 17 years. We are of course pleased for Dr. Tunks to be moving to new roles in his life and we are extremely fortunate to have Dr. Lydia Hatcher who has been elected to become our new President.

Dr. Tunks has been instrumental in Canada's pain management world. He created the credentialing process at first in line with the American Academy of Pain Management's protocol and specifically designed for the Canadian context. Dr. Tunk's overarching goal was to ensure that individuals receiving pain management care could be confident that diverse clinicians working in the field had the knowledge and skills required to provide expert care. He developed the curriculum for credentialing with the input from a multidisciplinary group of the Board of Directors to ensure the diplomates learned the complexities of the basic sciences of pain, as well as understanding the essence of the cognitive, emotional and functional factors that impact the experience of pain and quality of life of individuals living with pain. Dr. Tunks also engaged other stakeholders across the country including the University of Alberta and McGill University to align their programs of Pain Management education to the CAPM Credentialing process.

Dr. Tunks is also a tireless advocate. He advocated for the change of scope of practice to include interdisciplinary pain management. He was instrumental in expanding the role that Family Physicians could play in providing expert care to those suffering from pain. As we know this has recently changed, however, the advocacy for the designation of pain management specialist beyond simply one medical specialty will continue. Pain management must remain a multidisciplinary practice. Human beings are complex. Pain is complex and impacts every aspect of an individual's life. CAPM is committed to continuing to advocate for and education clinicians with this in mind.

Moving forward, CAPM is very excited to announce that our new and incoming President is Dr. Lydia Hatcher. Dr. Hatcher has a long career in pain management. Dr. Hatcher trained as a Family Physician and focused on pain management while in Newfoundland. She worked in Newfoundland for 31 years until she came to Ontario in 2013. During her time in Newfoundland, she was President of the Newfoundland and Labrador Medical Association and for 10 years was Medical Director and Associate Professor of Family Medicine at Memorial University of Newfoundland (MUN). Specific to Pain Management Practice, Dr. Hatcher helped the College of Physicians and Surgeons of Newfoundland and Labrador with the development of guidelines for management of opioid prescribing in chronic pain, and was part of the OxyContin task force subcommittee for the tamper-resistant prescription pads."

Dr. Hatcher's is an Associate Clinical Professor at McMaster University. She has presented to both the public and to health professionals in the area of pain, effective communication and family medicine. Dr. Hatcher is a medical inspector for the College of Physicians and Surgeons of Ontario. She chairs a subcommittee for the National Opioid Use Guideline Group and was on the expert panel for the 2017 Canadian Opioid Guideline. She is a member of the Canadian Pain Society (CPS) and the International Association for the Study of Pain (ISAP). She is primary investigator at the McMaster Cannabis Research Centre for a number of clinical trials.

CAPM also has new Board members and we will introduce them in future Newsletters.



MESSAGE FROM THE OUTGOING AND INCOMING PRESIDENTS

OUTGOING PRESIDENT'S MESSAGE

Dear Members of CAPM, the Board of Directors and Business office,

It has been my privilege to serve as President of CAPM for the last 16 years. During this time much has been accomplished through CAPM credentialing and educational programs, the communication through the Newsletter, a great growth of membership with multidisciplinary representation, but always a membership dedicated to excellence and effective service.

Despite the worldwide calamities of the Pandemic, CAPM is adapting and diversifying through development of on-line offerings.

A professional association such as CAPM is successful with the motivation, enthusiasm and commitment of Board of Directors,

CAPM Business Office, and committed general membership, and I am grateful for all the members and the members of Board of Directors past and present and our Office – Ellen Maracle-Benton and Krista Hook for their loyal, skillful and creative work, who have together made CAPM a success.

I am grateful to and thank our Dr Lydia Hatcher our new President of CAPM for stepping into the President office. Please give Dr. Hatcher the same enthusiastic support that you have given to me as we look to the future.

Sincerely
Eldon Tunks MD FRCPC
Outgoing President

INCOMING PRESIDENT'S MESSAGE

I am humbled and honoured to have been elected as your new president. What big shoes to fill! I first wish to pay homage to my predecessor, Dr Eldon Tunks, who has tirelessly given his time, expertise, and wisdom to grow CAPM into a thriving educational resource for evidence based pain management. Eldon, it is a privilege to work with you and to be asked to take over this important role. I look forward to your continued guidance as past president.

We have some exciting new educational offerings over the next year. Starting this Fall, we will be hosting a series of webinars and a journal club to help keep our group up to date with the latest in pain management and also to as a means to better keep in touch with one another. We have started a LinkedIn profile and I would ask all of you to consider joining and posting relevant pain information.

I wish all of you a safe and pleasant rest of your Summer and look forward to working with you on promoting excellent in pain management in the future.

Lydia Hatcher, MD, CCFP, FCFP, D-CAPM
Incoming President

VIRTUAL CAPM CREDENTIALING COURSE

DATES TO BE ANNOUNCED



CAPM has now engaged a virtual training program that successfully took place in late 2020 and again in the spring of 2021. Dates for the next course will be announced and will be offered virtually in early 2022.

If you would like to be put on the wait list for this course, email the office at office@canadianapm.com.



WEBINAR SERIES - NOW LAUNCHED! SEPTEMBER 2021 TO JUNE 2022

The launch of a new webinar series has been sent to all CAPM Members. The first Webinar is planned for September 21st and then every 3 months. The topics on the scheduled Webinars from September 2021 to June 2022 are:
Hyperalgesia, Nomenclature/Definitions, Mechanisms, Video Discussion; One-on-One CBT Strategy: How it can Address Behavioral Issues in a General Clinical Setting; Suboxone Microdosing Tapering for Pain; Low Dose Naltrexone and The How's and Why's of Independent Medical Evaluation's.

These webinars are complimentary to members. Registration is required to track numbers and provide the Zoom link to those that do register.

Accreditation:

This activity has not been formally reviewed by the CFPC; however, it is eligible for 2 non-certified credits, per Webinar. Mainpro+ participants may also earn additional certified credits by completing a Linking Learning exercise.

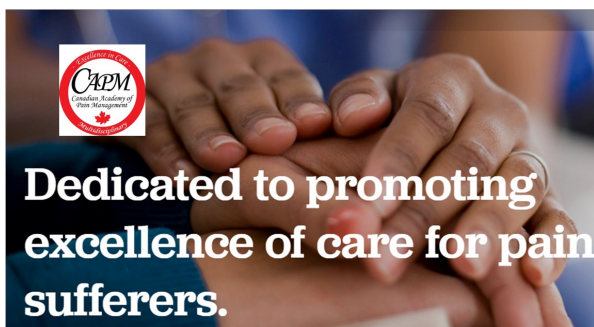
If you have any questions, connect with us at office@canadianapm.com



JOURNAL CLUB - LAUNCHING FALL 2021

Tuesday October 19, 2021 - 7:00 pm - 8:30 pm

Our first Journal Club will be on the topic of **The Placebo Effect** in chronic pain management. When we are a little closer to the date we'll send out the links to the two papers we'll be discussing. Should be a very interesting evening to hear each other ideas about this.



NEW WEBSITE!

Check out the new website, designed to be more user friendly on all types of devices, including iPhones, Laptops, iPads, Computers. A new look and design compliments the offerings that CAPM has and has a more streamlined look and feel to it.

Check it out! www.canadianapm.com

Check past Newsletters for Links and Resources
on our new website!

We have Moved

The CAPM moved its offices as of February 28, 2021.

Please adjust your records.

New Address!

Canadian Academy of Pain Management

1288 Ritson Road North

Suite 333

Oshawa, ON L1G 8B2

Phone: (same) 905-404-9545

Fax: (same) 905-404-3727

office@canadianapm.com

www.canadianapm.com

**WE HAVE
MOVED**

As always.....

I know this is a bit Hamilton Centric – please send us your links for on-line courses

If you have other Resources, please use the CAPM office email at office@canadianapm.com and let's help each other stay focused on helping our clients.

Remember - We are all needing to look after ourselves as well. Take good Care.

Editor:

Martha Bauer, BSc, OT, Reg (Ont)

Associate Editors:

Dr. Eleni Hapidou, PhD Psych

Dr. L. Hatcher, MD, CCFP, FCFP, CHE

Thank you for reading.

Please send any feedback to The CAPM office at office@canadianapm.com