



1288 Ritson Road North, Suite 333, Oshawa, ON L1G 8B2
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www.canadianapm.com

REGISTRATION INFORMATION GUIDE

CANADIAN ACADEMY OF PAIN MANAGEMENT
PRESENTS:

PAIN MANAGEMENT ONLINE CREDENTIALING COURSE, MAY 2022

CAPM MEMBER AND NOT CREDENTIALLED YET?

YOU CAN CREDENTIAL NOW!

Credentialing pathway valid for members of CAPM
Followed by Qualifying Examination

This Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 16 Mainpro+ Credits.

COURSE DATES
MAY 3, 4, 5, 6, 2022
6 PM—10 PM



WHO SHOULD ATTEND

This multidisciplinary meeting is of interest to:

Physicians	Interventional Pain Physicians	Chiropractors	Social Workers
Surgeons	Psychologists	Occupational Therapists	Pharmacists
Nurses	Physiotherapists	Massage Therapists	

REQUIREMENTS

1. Attend the online course and pass the exam based on attending the three CAPM days.
2. You are a current CAPM Member in the Credentialing stream.
3. Proof of current licensure or registration of your profession regulatory body.
4. Documentation of your highest academic degree or diploma relevant to pain practice, if applicable.
5. CV demonstrating 2 or more years of active clinical practice in pain management.
6. Three letters of reference from colleagues to support that you practice in pain.
7. A \$200 fee is applicable for credentialing.

FACULTY, 2022

DR. ELDON TUNKS, MD, FRCPC

Course Chair

Emeritus Prof Psychiatry McMaster
Consultant Department of Physical Medicine and
Rehabilitation
Hamilton Health Sciences
Past President, CAPM

DR. ELENI G. HAPIDOU, C PSYCH

Psychologist
Diplomate, Canadian Academy of Pain
Management (CAPM)
Michael G DeGroote Pain Clinic; McMaster
University Medical Center; Hamilton Health
Sciences; Associate Professor (PT);
Department of Psychiatry and Behavioral
Neurosciences; Associate Faculty Member;
Department of Psychology, Neuroscience and
Behavior (PNB), Clinical Behavioral Sciences &
Bachelor of Health Sciences Program,
McMaster University
Vice President, CAPM

MARTHA BAUER, OT REG (ONT)

Occupational Therapist
McMaster Family Health Team, Clinical
Lecturer, McMaster University, School of
Rehabilitation Sciences
Board Member, CAPM

DR. LYDIA HATCHER, MD, CCFP, FCFP, CHE, D-CAPM

Associate Clinical Professor of Family
Medicine, McMaster University Active Staff,
MG DeGroote Pain Clinic, McMaster
University Medical Centre, Hamilton Health
Sciences Medical Inspector, College of
Physicians and Surgeons of Ontario
Diplomate, Canadian Academy of Pain
Management
President, CAPM

DR. MICHAEL BOUCHER, BKIN, MD, CCFP, MCIME

Assistant Clinical Professor, McMaster
University; Consultant Pain-Related
Education Management & Medical-Legal
Review; Diplomate Interventional Pain
Management (CAPM); Medical Director,
Burlington Pain Care; Medical Director,
Hamilton & York Region Fire.
Treasurer, CAPM

THREE WAYS TO REGISTER

1. ONLINE: <https://eis.eventsair.com/capm-virtual-course-spring-2022> capmvirtualcourse-spring2022
2. EMAIL: office@canadianapm.com
3. MAIL: CAPM, 1288 Ritson Road North, Suite 333, Oshawa, ON L1G 8B2
(Cheques payable to: Canadian Academy of Pain Management)

CANCELLATION POLICY

Cancellations will be accepted up to two weeks prior to the start of the course dates with a \$60.00 cancellation fee. Within two weeks of the course start dates, there are no cancellations.

LEARNING OBJECTIVES

As a result of this course participation the learner will be able to:

AS AN EXPERT AND SCHOLAR:

1. Identify common and important pain disorders including the pain mechanisms underlying the clinical features, and correlate this with the current evidence on pain mechanisms.

AS AN EXPERT:

1. To conduct a bedside examination to distinguish primary nociception from chronic hyperalgesic or neuropathic pain conditions.
2. Identify through the history, review of documentary data and bedside examination, the conditions, comorbidities and syndromes, preparatory for effective pain management decisions.
3. Assess the patient's readiness for therapeutic change and identify obstacles interfering with change.
4. Choose behavioral strategies appropriate for the problem and to employ them.

AS A SCHOLAR:

1. Be able to discern acute, subacute and chronic neck/back spinal pain, and the evidence supporting or not supporting procedures to address spinal pain.

AS A COLLABORATOR AND AS AN EXPERT:

1. Have sufficient understanding of cognitive behavioral and multidisciplinary approaches that the clinician will be able to collaborate with the psychological or multidisciplinary providers and/or act as the most responsible clinician to promote functional improvement and return to occupational, psychological and interpersonal role-functioning.

AS A COLLABORATOR:

1. To discern clinical history and bedside signs and symptoms to make an Informed decision regarding the appropriateness of interventional procedures.

WHAT DO I NEED TO KNOW ABOUT GETTING ONLINE?

The course will offered through the Zoom Platform. It is recommended that you have a solid internet connection. Assistance to those requiring it will be available by the office and the AV team.

DO I HAVE TO TAKE ALL FOUR DAYS?

Yes, for this course you do. Certification credits will be issued according to the number of days you take part in.

ACCREDITATION

This Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to:

16 Mainpro+ Credits

SESSION ONE, TUESDAY MAY 3, 2022

6:00 PM—6:30 PM	CHRONIC PAIN CLINICAL ASSESSMENT-1 Dr. Eldon Tunks
6:30 PM—7:00 PM	STAGES OF CHANGE-20 Dr. Eleni Hapidou
7:00 PM—7:30 PM	READINESS FOR CHANGE; PROBLEM-BASED EXAMPLES-21 Dr. Eldon Tunks
7:30 PM—8:00 PM	PACING AND SIMPLE BEHAVIORAL STRATEGIES IN PAIN MANAGEMENT-22 Martha Bauer
8:00 PM—9:00 PM	INTERVENTIONAL TREATMENT-27 Dr. Michael Boucher
9:00 PM—9:30 PM	INTERDISCIPLINARY PAIN MANAGEMENT-25 Dr. Eleni Hapidou
9:30 PM—10:00 PM	MULTIDISCIPLINARY PAIN MANAGEMENT-24 Dr. Eldon Tunks

SESSION TWO, WEDNESDAY MAY 4, 2022

6:00 PM—6:30 PM	PAIN AND COMORBID DEPRESSION-2 Dr. Eldon Tunks
6:30 PM—7:00 PM	PAIN IN SPECIAL POPULATIONS (CHILDREN, ELDERLY, PREGNANCY)-18 Dr. Eldon Tunks
7:00 PM—7:30 PM	WORK AND CONFRONTING DISABILITY-26 Dr. Eldon Tunks
7:30 PM—8:00 PM	OPIOID USE GUIDELINES-13 Dr. Lydia Hatcher
8:00 PM—8:30 PM	AM TAPERING STRONG OPIOIDS-16 Dr. Lydia Hatcher
8:30 PM—9:00 PM	LOW BACK PAIN-3 Dr. Michael Boucher
9:00 PM—9:30 PM	NECK PAIN-4 Dr. Michael Boucher
9:30 PM—10:00 PM	CHRONIC FATIGUE AND SLEEP DISORDERS-6 Dr. Lydia Hatcher

SESSION THREE, THURSDAY MAY 5, 2022

6:00 PM—7:00 PM	MANAGING PAIN MECHANISMS-28B Dr. Eldon Tunks
7:00 PM—7:30 PM	CNS PAIN MECHANISMS-29 Dr. Eldon Tunks
7:30 PM—8:00 PM	CHRONIC HEADACHE-5B Dr. Eldon Tunks
8:00: PM—8:30 PM	PRACTICING AS A GROUP A TECHNIQUE OF APPLIED RELAXATION Dr. Eleni Hapidou
8:30 PM—9:00 PM	COGNITIVE BEHAVIORAL THERAPY-23 Dr. Eleni Hapidou
9:00 PM—9:30 PM	OPIOID DEPENDENCY: USING METHADONE AND SUBOXONE-17 Dr. Eldon Tunks
9:30 PM—10:00 PM	CANNABIS AS “MEDICINE” Dr. Eldon Tunks

SESSION FOUR, FRIDAY MAY 6, 2022

6:00 PM—6:30 PM	NEURALGIA AND HYPERALGESIA-30 Dr. Eldon Tunks
6:30 PM—7:00 PM	STANDARDIZED PAIN MEASURES IN NEUROPATHIC PAIN-11 Dr. Eldon Tunks
7:00 PM—7:30 PM	COMPLEX REGIONAL PAIN SYNDROME-10 Dr. Eldon Tunks
7:30 PM—8:30 PM	SIMPLE TRIGGER POINT BLOCKS IN FASCIAL LAYERS-28A Dr. Eldon Tunks
8:30 PM—9:30 PM	DISCUSSION—“WHAT WAS LEARNED?”; “WHAT ARE MY FURTHER EDUCATIONAL OBJECTIVES?” Dr. Eldon Tunks

SELF-ASSESSMENT QUESTIONNAIRE

A self-assessment questionnaire will be emailed out to all participants to do on one's own time.

EXAM

The exam will remain the same, but now it will be set up to give immediate feedback on completion to the learner on right/wrong answers. You must do the exam and the Chair of the course will be informed if it is not done. Exam marks will not be posted and 70% grade will not be used for pass. Pass will depend on taking the course, getting the feedback, 3 letters of reference, being in good standing for CAPM and regulatory college, 2 or more years of practice with pain patients, and credentialing fee.



ONLINE CREDENTIALING COURSE—2022

REGISTRATION FORM—BY MAIL, EMAIL & ONLINE

ATTENDEE INFORMATION

To Register Online: <https://eis.eventsair.com/capm-virtual-course-spring-2022/capmvirtualcoursespring2022>

Select one: (Please circle) Dr. Mr. Mrs. Ms.

Name: First _____ Last _____

Organization: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Telephone: _____ Fax: _____

Email: _____

Please print clearly

COURSE FEES—There is no option to take single days for this Virtual Course. The full course is the only option for 2022.

	MEMBER Regular Fee To May 1, 2022	STUDENT Regular Fee To May 1, 2022	EXAM FEE You must also include the exam fee: <i>Not applicable to students</i>	TOTAL
Course Fee: May 3, 4, 5, 6	\$350.00	\$100.00	\$200.00	\$
MEMBERSHIP—You must be a CAPM member. (January 1—December 31)				
Regular Member	\$200.00			\$
Student Member		\$25.00		\$
SUB-TOTAL OF ALL CHOICES				\$ _____
HST 13% (#859733529R T0001)				\$
TOTAL PAYABLE				\$ _____

REQUIREMENTS

1. I am a Credentialing Stream Member of CAPM and will participate in the exam
2. I am sending proof of current licensure or registration of profession regulatory body
3. I am sending documentation of my highest academic degree or diploma relevant to pain practice
4. I am sending my CV via email demonstrating 2 or more years of active clinical practice in pain management
5. I am sending 3 letters via email of reference from colleagues supporting my pain management service

PAYMENT

CREDIT CARD: VISA MASTERCARD AMEX

Register by email: office@canadianapm.com

Number: _____

Exp: _____ CVN: _____

Name on Card: _____

Signature: _____

CHEQUE: Payable to **Canadian Academy of Pain Management** (include the registration form).

Mail to: 1288 Ritson Road North, Suite 333, Oshawa, ON L1G 8B2

QUESTIONS: CAPM Office—Krista Hook—T: 905-404-9545, office@canadianapm.com