



## **OHIP-SUPPORTED CHRONIC PAIN MANAGEMENT IN ONTARIO**

### **MICHAEL G. DEGROOTE PAIN CLINIC:**

**Pain Management Program** (Runs Mondays, Wednesdays, Fridays)—accepts internal and external referrals

**Female Chronic Pelvic Pain Program** (Runs Tuesdays)—accepts referrals from urology and gynecology only

**Male Chronic Pelvic Pain Program** (Will run Wednesdays)—accepts referrals from urology only

**CBT Program** (Runs Fridays)—referrals restricted to our internal psychologists

**Fibromyalgia Program** (runs Mondays & Thursdays)- closed to referrals right now

**Young Adult Program** (runs during summer closure)- accepts internal and external referrals

***Wait times is at least a year for each of these.***

### **OTHERS IN ONTARIO THAT OFFER INTERDISCIPLINARY CARE**

**TAPMI**- <https://tapmipain.ca/>

**The Ottawa Hospital Pain Clinic with Dr. Poulin** - <https://www.ottawahospital.on.ca/en/clinical-services/deptpgrmcs/departments/anesthesiology/pain-clinic/>

**Chronic Pain Management Program in Thunder Bay** - [https://sjcg.net/services/mental-health\\_addictions/outpatient/pain.aspx](https://sjcg.net/services/mental-health_addictions/outpatient/pain.aspx)

**Pain Management Program in London** - <https://www.sjhc.london.on.ca/areas-of-care/pain-management-program/services>

**The Pain and Wellness Centre with Dr. Maillis** - [info@thepwc.ca](mailto:info@thepwc.ca); [www.thepwc.ca](http://www.thepwc.ca)