



WEBINAR SERIES

Sector Specific Webinars Designed for Pain Specialists & Others

7:00 PM—8:30 PM EST

Designed for CAPM Members, physicians and allied health care professionals, offering a series of webinars on topics to broaden the education reach to interdisciplinary pain management professionals. Registration is required to track numbers, provide login, and enable participation.

For each webinar a zoom link will be sent. A survey will also be sent after each webinar.

This Group Learning Program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 16.5 Mainpro+ Credits

MAY 21ST 2024

Dr. Eldon Tunks

TEACHING PATIENTS SLEEP HYGIENE

Learners will be able to explain to patients normal sleep pattern and dysfunctional sleep, and be able to identify behaviors that impair sleep, and will be able to explain age-related change, and recommend hygiene to correct insomnia.

JUNE 11TH 2024

Dr. Eldon Tunks

NONOPIOID OPTIONS FOR NEUROPATHIC PAIN

Learner will be able to explain to patient neuropathic pain diagnosis and mechanisms, harms from sedative and opioid, benefits and risk with anticonvulsant, antidepressant, nerve block, and topical capsaicin.

JULY 2024—NO WEBINAR

AUGUST 20TH 2024

PROLOTHERAPY FOR TENDINOPATHY

Dr. Ali Fateh

Learners will be able to explain to patients with tendinitis, neuroma or painful scar, the rationale for prolotherapy, risk and benefit and requirements in local injection with dilute sclerosing solution or with methylprednisolone, and perform these safely and effectively.

SEPTEMBER 24TH 2024

SPINAL CORD STIMULATION

Dr. Vishal Varshney

Learners will be able to select patients with intractable pain for appropriate referral for spinal cord stimulation, and identify those for whom it is inappropriate, will be able to instruct them regarding risk and benefit, and aftercare and concurrent care.



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OCTOBER 9TH 2024

PLATELET RICH PLASMA

Dr. Garry Palak

Learners will be able to explain to patients with tendinitis, torn joint capsule or fibrocartilage, the rationale for PRP, risk and benefit and requirements, these safely and effectively, refer those appropriate, and follow up with effective aftercare.

NOVEMBER 19TH 2024— ROUND TABLE DISCUSSION

DECEMBER 2024— NO WEBINAR

JANUARY 14TH 2025

FLUORO PROCEDURES

Dr. Garry Palak and Dr. Michael Boucher

Learners will be able to refer patients appropriately for fluoroscopic imaging guided procedures, explain the indications and contraindications, and explain benefits and risk, and recommend and continue appropriate aftercare.

FEBRUARY 11TH 2025

GENICULAR NERVE ABLATION/ NEUROLYSIS

Dr. Garry Palak

Learners will be able to select chronic knee pain patients appropriately for GNA, conduct appropriate lab workup, explain the risks and benefits, and the likely duration of benefit and likelihood that procedure will need repeating.

MARCH 18TH 2025

PAIN AND SYMPTOMS MANAGEMENT

Dr. Eldon Tunks

Learners will be asked to bring examples of cases that have been challenging.

Learners will learn an approach to interviewing and examining difficult/chronic patients, guided interviews to identify coping strategies and current psychosocial challenges, teaching patients to set short-term reachable goals, and frequent follow-up and support to guide patients' progress, and teaching patients to correctly appraise their progress, while giving positive reinforcement.

APRIL 8TH 2025

PHARMACOGENOMICS

Dr. Lydia Hatcher

Learners to be able to discuss/explain to patients drug-gene testing, current pharmacogenic testing benefits and requirements, to integrate knowledge, and to explain/manage pain/mental health issues and self-care.

MAY 13TH 2025

MANAGING CENTRAL SENSITIZATION SYNDROMES – WHAT'S NEW, WHAT'S OLD

Dr. Lydia Hatcher

Learners will learn to explain to patient or student the known mechanisms of CSS or FM, diagnose and investigate and appropriately select and manage affected patients, improve examination and develop treatment skills for evidence based therapeutic choices for CSS.



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Select one: (Please circle) Dr. Mr. Mrs. Ms.

FIRST NAME _____ LAST NAME _____

Organization: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Telephone: _____ Fax: _____

Email: _____

CIRCLE ALL THE WEBINARS YOU ARE ATTENDING:

TEACHING PATIENTS SLEEP HYGIENE

NONOPIOID OPTIONS FOR NEUROPATHIC PAIN

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PROLOTHERAPY FOR TENDINOPATHY

SPINAL CORD STIMULATION

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To Attend Each Webinar \$25	TOTAL NUMBER OF WEBINARS HERE
SUBTOTAL	
HST	
TOTAL PAYMENT	

HOW TO REGISTER:

<https://eis.eventsair.com/webinars-capm/capmwebinars2024-2025>

Questions: Contact Krista Hook at krista@eventsinsync.com