



1143 Wentworth Street West, Suite 202, Oshawa, ON L1J 8P7  
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# REGISTRATION INFORMATION GUIDE

CANADIAN ACADEMY OF PAIN MANAGEMENT PRESENTS:

## CREDENTIALING COURSES 2018

**CAPM MEMBER AND NOT CREDENTIALLED YET?  
YOU CAN CREDENTIAL NOW!**

CAPM CREDENTIALING COURSE 2018  
Credentialing pathway valid for members of CAPM  
Followed by Qualifying Examination

### DAY ONE

**THURSDAY FEBRUARY 15 or  
THURSDAY MAY 10, 2018**

### DAY TWO

**FRIDAY FEBRUARY 16 or  
FRIDAY MAY 11, 2018**

### DAY THREE & EXAM

**SATURDAY FEBRUARY 17 or  
SATURDAY MAY 12, 2018**

This Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 18.25 Mainpro+ credits.



**RON JOYCE BUILDING  
ACROSS FROM HAMILTON GENERAL HOSPITAL  
325 WELLINGTON STREET NORTH  
ROOM 1-014B  
HAMILTON, ONTARIO**

## WHO SHOULD ATTEND

This multidisciplinary meeting is of interest to:

Physicians	Physiotherapists
Surgeons	Chiropractors
Nurses	Occupational Therapists
Interventional Pain Physicians	Pharmacists
Psychologists	Social Workers
	Massage Therapists

## REQUIREMENTS:

1. Attend the course and pass the exam based on attending the three CAPM days.
2. You are a current CAPM Member in the Credentialing stream.
3. Proof of current licensure or registration of your profession regulatory body.
4. Documentation of your highest academic degree or diploma relevant to pain practice, if applicable.
5. CV demonstrating 2 or more years of active clinical practice in pain management.
6. Three letters of reference from colleagues to support that you practice in pain.
7. A \$200 fee is applicable for credentialing.

## FACULTY

### **DR. ELDON TUNKS, MD, FRCPC**

#### **Course Chair**

Emeritus Prof Psychiatry McMaster  
Consultant Department of Physical Medicine  
and Rehabilitation  
Hamilton Health Sciences

**President, CAPM**

### **MARTHA BAUER, BSC, OT, OT REG (ONT)**

Occupational Therapist  
McMaster Family Health Team/Ennis  
Centre Pain Management  
Clinical Lecturer, McMaster University, School  
of Rehabilitation Sciences

**Board Member, CAPM**

### **DR. ELENI G. HAPIDOU, C PSYCH**

Psychologist  
Diplomate, Canadian Academy of Pain  
Management (CAPM)  
Michael G DeGroot Pain Clinic;  
McMaster University MedicalCenter;  
Hamilton Health Sciences; Associate  
Professor (PT); Department of Psychiatry  
and Behavioral Neurosciences; Associate  
Faculty Member; Department of  
Psychology, Neuroscience and Behavior  
(PNB), Clinical Behavioral Sciences &  
Bachelor of Health Sciences Program,  
McMaster University  
**Vice President, CAPM**

### **DR. LYDIA HATCHER, MD, CCFP, FCFP, CHE**

Dr. Hatcher is an Associate Clinical  
Professor of Family Medicine at  
McMaster University, Faculty of  
Medicine and Chief of Family Medicine  
at St Joseph's Healthcare  
**Board Member, CAPM**

## REGISTRATION

### THREE WAYS TO REGISTER:

#### **1. ONLINE:**

<https://eis.eventsair.com/canadian-academy-of-pain-management/credentialing-course-2018>

#### **2. FAX: 1-905-404-9545 (When paying by credit card only)**

#### **3. MAIL: CAPM, 1143 Wentworth Street West, Suite 202, Oshawa, ON L1J 8P7 (Cheques payable to: Canadian Academy of Pain Management)**

## CANCELLATION POLICY

Cancellations will be accepted up to two weeks prior to the start of the course dates with a \$60.00 cancellation fee. Within two weeks of the course start dates, there are no cancellations.

## HOTELS

Please call for current rates:

### Crowne Plaza Hamilton Hotel

905-528-3451: 150 King Street East, Hamilton  
[www.ichotelsgroup.com/h/d/cp/1/en/hotel/yhmcp](http://www.ichotelsgroup.com/h/d/cp/1/en/hotel/yhmcp)

### Days Inn Hamilton

905-528-3297: 210 Main Street East, Hamilton  
[www.hamiltontdaysinn.com](http://www.hamiltontdaysinn.com)

### Sheraton Hamilton Hotel

905-529-5515: 116 King Street West, Hamilton  
[www.starwoodhotels.com/sheraton/property/overview/index.html?propertyID=185](http://www.starwoodhotels.com/sheraton/property/overview/index.html?propertyID=185)

### Howard Johnson Hotel Hamilton

905-546-8111: 112 King Street East, Hamilton

## LOCATION OF COURSE

Ron Joyce Building  
Across from Hamilton General Hospital  
325 Wellington Street North  
Room 1-014B  
Hamilton, Ontario  
Parking is automated in front of the Ron Joyce Center



## LEARNING OBJECTIVES

*As a result of this course participation the learner will be able to:*

### **AS AN EXPERT AND SCHOLAR:**

1. Identify common and important pain disorders including the pain mechanisms underlying the clinical features, and correlate this with the current evidence on pain mechanisms.

### **AS AN EXPERT:**

1. To conduct a bedside examination to distinguish primary nociception from chronic hyperalgesic or neuropathic pain conditions.
2. Identify through the history, review of documentary data and bedside examination, the conditions, comorbidities and syndromes, preparatory for effective pain management decisions.
3. Assess the patient's readiness for therapeutic change and identify obstacles interfering with change.
4. Choose behavioral strategies appropriate for the problem and to employ them.

### **AS A SCHOLAR:**

1. Be able to discern acute, subacute and chronic neck/back spinal pain, and the evidence supporting or not supporting procedures to address spinal pain.

### **AS A COLLABORATOR AND AS AN EXPERT:**

1. Have sufficient understanding of cognitive behavioral and multidisciplinary approaches that the clinician will be able to collaborate with the psychological or multidisciplinary providers and/or act as the most responsible clinician to promote functional improvement and return to occupational, psychological and interpersonal role-functioning.

### **AS A COLLABORATOR:**

1. To discern clinical history and bedside signs and symptoms to make an informed decision regarding the appropriateness of interventional procedures.

## ACCREDITATION

This Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to **18.25 Mainpro+ credits**.

# PROGRAM

## THURSDAY FEBRUARY 15 AND THURSDAY MAY 10, 2018

8:00 am—9:00 am	Registration & Continental Breakfast
9:00 AM—9:30 AM	Chronic Pain Clinical Assessment
9:30 AM—10:15 AM	Depression, Psychosocial and Pain Comorbidity
10:15 AM—10:30 AM	Refreshment Break
10:30 AM—11:15 AM	Stages of Pain
11:15 AM—12:00 PM	Addressing Readiness for Change During Treatment
12:00 PM—1:00 PM	Lunch & Discussion
1:00 PM—2:00 PM	Simple Behavioural Strategies in Pain Management
2:00 PM—2:45 PM	CBT
2:45 PM—3:00 PM	Refreshment Break
3:00 PM—4:00 PM	Pain Mechanisms and Their Treatment
4:00 pm—4:45 PM	Work and Confronting Disability

## FRIDAY FEBRUARY 16 AND FRIDAY MAY 11, 2018

8:00 am—9:00 am	Registration & Continental Breakfast
9:00 AM—9:30 AM	Guidelines for Opioids
9:30 AM—10:15 AM	Use of Opioid Partial Agonists and Opioid Tapering
10:15 AM—10:30 AM	Refreshment Break
10:30 AM—11:15 AM	Pain in Special Populations; Elderly, Pregnancy, Children
11:15 AM—12:00 PM	Chronic Low Back Pain
12:00 PM—1:00 PM	Lunch & Discussion
1:00 PM—2:00 PM	Neck Pain and Whiplash
2:00 PM—2:45 PM	Chronic Fatigue and Sleep Disorders
2:45 PM—3:00 PM	Refreshment Break
3:00 PM—4:00 PM	Multidisciplinary / Interdisciplinary Pain Management

## SATURDAY FEBRUARY 17 AND SATURDAY MAY 12, 2018

8:00 am—9:00 am	Registration & Continental Breakfast
9:00 AM—9:30 AM	Neuralgia and Hyperalgesia
9:30 AM—10:15 AM	Pain Measures in Neuropathic Pain
10:15 AM—10:30 AM	Refreshment Break
10:30 AM—11:15 AM	Central Pain Mechanisms
11:15 AM—12:00 PM	Chronic Headache
12:00 PM—1:00 PM	Lunch & Discussion
1:00 PM—2:00 PM	Complex Regional Pain Syndrome
2:00 PM—2:45 PM	Opioid Dependency: Methadone and Suboxone
2:45 PM—3:00 PM	Refreshment Break
3:00 PM—4:00 PM	Interventional Treatment
4:00 PM—5:00 PM	CAPM Exam based on content of three course days



# CREDENTIALING COURSE—2018

## REGISTRATION FORM—BY MAIL, FAX, ONLINE

### ATTENDEE INFORMATION

To Register Online: <https://eis.eventsair.com/canadian-academy-of-pain-management/credentialing-course-2018>

Select one: (Please circle) Dr. Mr. Mrs. Ms.

Name: First \_\_\_\_\_ Last \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

(Please print clearly)

Dietary Restrictions or Allergies: \_\_\_\_\_

### COURSE FEES

To choose your fee—first choose the category you are registering under. If choosing a one day fee, please indicate which day(s). Add in exam fee. Total in the right side column. Add in membership fee if joining now. Add HST and complete the payment information. If you are taking the full course the full course fee applies. If taking one day, you can choose Feb 15 or 16 or May 10 or 11. There is no option to take a one day on the exam day of Feb 17 or May 12

**CATEGORY—You must be a member to take this course, so all fees are member fees.**

Regular Fee To Feb 8 & May 3	Onsite Fee Feb 9—Feb 17 May 4—May 11	STUDENT Regular Fee To Feb 8 & May 3	STUDENT Onsite Fee Feb 9—Feb 17 May 4—May 11	EXAM FEE Student fees include exam fee	TOTAL
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### FULL COURSE FEES

\$450.00	\$550.00	210.00	310.00	\$200.00	\$
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### 1 DAY FEES—Choose: Feb 15 or 16 or May 10 or 11 Note: No option for exam day

\$150.00	\$250.00	\$70.00	\$90.00	\$200.00	\$
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**CIRCLE YOUR DAY FOR ONE DAY REGISTRATION:** Feb 15 Feb 16 May 10 May 11

**MEMBERSHIP—You must be a CAPM member. Use this space to join now.**

I want to join now as a CAPM member  
 You must be a member to participate on the course. HST not Included.  
 Regular Member: **\$200.00 (Nov 1, 2017—Dec 31, 2018)**  
 Student: **\$25.00 (Nov 1, 2017—Dec 31, 2018)**

**SUBTOTAL:** (Course fee, exam fee & membership fee if applicable) \$ \_\_\_\_\_  
 Add 13% HST (#859733529R T0001) \$ \_\_\_\_\_  
**TOTAL:** \$ \_\_\_\_\_

### PAYMENT

**CREDIT CARD:**  VISA  MASTERCARD  AMEX

Register by Fax to: **1-905-404-3727**

Number: \_\_\_\_\_

Exp: \_\_\_\_\_ CVN: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Signature: \_\_\_\_\_

**CHEQUE:** Payable to **Canadian Academy of Pain Management** (include the registration form).

**Mail to:** 1143 Wentworth St. W. #202, Oshawa ON L1J

### REQUIREMENTS

**Not applicable for students**

1. I am a Credentialing Stream Member of CAPM and will participate in the exam
2. I am sending proof of current licensure or registration of profession regulatory body
3. I am sending documentation of my highest academic degree or diploma relevant to pain practice
4. I am sending my CV via email demonstrating 2 or more years of active clinical practice in pain management
5. I am sending 3 letters via email of reference from colleagues supporting my pain management service

**QUESTIONS:** CAPM Office—Krista Hook—T: 905-404-9545, [office@canadianapm.com](mailto:office@canadianapm.com)