



1143 Wentworth Street West, Suite 202, Oshawa, ON L1J 8P7
Phone: 905-404-9545; Fax: 905-404-3727; office@canadianapm.com
www.canadianapm.com

REGISTRATION INFORMATION GUIDE

CANADIAN ACADEMY OF PAIN MANAGEMENT
PRESENTS:

PAIN MANAGEMENT CREDENTIALING COURSES 2020

**CAPM MEMBER AND NOT CREDENTIALLED YET?
YOU CAN CREDENTIAL NOW!**

Credentialing pathway valid for members of CAPM
Followed by Qualifying Examination

DAY ONE

**THURSDAY FEBRUARY 27, 2020 or
THURSDAY MAY 28, 2020**

DAY TWO

**FRIDAY FEBRUARY 28, 2020
FRIDAY MAY 29, 2020**

DAY THREE & EXAM

**SATURDAY FEBRUARY 29, 2020
SATURDAY MAY 30, 2020**

This Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 19.25 Mainpro+ credits.



**HAMILTON GENERAL HOSPITAL—MAIN BUILDING
237 BARTON STREET EAST
RON JOYCE CENTER
HAMILTON GENERAL HOSPITAL CAMPUS
HAMILTON, ONTARIO**

WHO SHOULD ATTEND

This multidisciplinary meeting is of interest to:

Physicians	Physiotherapists
Surgeons	Chiropractors
Nurses	Occupational Therapists
Interventional Pain Physicians	Pharmacists
Psychologists	Social Workers
	Massage Therapists

REQUIREMENTS:

1. Attend the course and pass the exam based on attending the three CAPM days.
2. You are a current CAPM Member in the Credentialing stream.
3. Proof of current licensure or registration of your profession regulatory body.
4. Documentation of your highest academic degree or diploma relevant to pain practice, if applicable.
5. CV demonstrating 2 or more years of active clinical practice in pain management.
6. Three letters of reference from colleagues to support that you practice in pain.
7. A \$200 fee is applicable for credentialing.

FACULTY

DR. ELDON TUNKS, MD, FRCPC

Course Chair

Emeritus Prof Psychiatry McMaster
Consultant Department of Physical Medicine
and Rehabilitation
Hamilton Health Sciences

President, CAPM

MARTHA BAUER, BSC, OT, OT REG (ONT)

Occupational Therapist
McMaster Family Health Team/Ennis
Centre Pain Management
Clinical Lecturer, McMaster University,
School of Rehabilitation Sciences

Board Member, CAPM

DR. ELENI G. HAPIDOU, C PSYCH

Psychologist

Diplomate, Canadian Academy of Pain
Management (CAPM)

Michael G DeGroote Pain Clinic; McMaster
University Medical Center; Hamilton Health
Sciences; Associate Professor (PT);

Department of Psychiatry and Behavioral
Neurosciences; Associate Faculty Member;
Department of Psychology, Neuroscience and
Behavior (PNB), Clinical Behavioral Sciences &
Bachelor of Health Sciences Program,
McMaster University

Vice President, CAPM

DR. KEVIN ROD, MD, CCFP

Director Toronto Poly Clinic
Lecturer DFCM University of Toronto

Credentialing Chair, CAPM

REGISTRATION

THREE WAYS TO REGISTER:

1. **ONLINE:** <https://eis.eventsair.com/capm-course-2020/capmcourse2020>
2. **FAX:** 1-905-404-9545 (*When paying by credit card only*)
3. **MAIL:** CAPM, 1143 Wentworth Street West, Suite 202, Oshawa, ON L1J 8P7
(Cheques payable to: Canadian Academy of Pain Management)

CANCELLATION POLICY

Cancellations will be accepted up to two weeks prior to the start of the course dates with a \$60.00 cancellation fee. Within two weeks of the course start dates, there are no cancellations.

HOTELS

Please call for current rates:

Crowne Plaza Hamilton Hotel

905-528-3451: 150 King Street East, Hamilton
www.ichotelsgroup.com/h/d/cp/1/en/hotel/yhmcp

Days Inn Hamilton

905-528-3297: 210 Main Street East, Hamilton
www.hamiltontdaysinn.com

Sheraton Hamilton Hotel

905-529-5515: 116 King Street West, Hamilton
www.starwoodhotels.com/sheraton/property/overview/index.html?propertyID=185

Howard Johnson Hotel Hamilton

905-546-8111: 112 King Street East, Hamilton

LOCATION OF COURSE

Hamilton General Hospital

237 Barton Street East

Ron Joyce Center

Hamilton General Hospital Campus

For parking, maps and information please visit <http://www.hamiltonhealthsciences.ca>



LEARNING OBJECTIVES

As a result of this course participation the learner will be able to:

AS AN EXPERT AND SCHOLAR:

1. Identify common and important pain disorders including the pain mechanisms underlying the clinical features, and correlate this with the current evidence on pain mechanisms.

AS AN EXPERT:

1. To conduct a bedside examination to distinguish primary nociception from chronic hyperalgesic or neuropathic pain conditions.
2. Identify through the history, review of documentary data and bedside examination, the conditions, comorbidities and syndromes, preparatory for effective pain management decisions.
3. Assess the patient's readiness for therapeutic change and identify obstacles interfering with change.
4. Choose behavioral strategies appropriate for the problem and to employ them.

AS A SCHOLAR:

1. Be able to discern acute, subacute and chronic neck/back spinal pain, and the evidence supporting or not supporting procedures to address spinal pain.

AS A COLLABORATOR AND AS AN EXPERT:

1. Have sufficient understanding of cognitive behavioral and multidisciplinary approaches that the clinician will be able to collaborate with the psychological or multidisciplinary providers and/or act as the most responsible clinician to promote functional improvement and return to occupational, psychological and interpersonal role-functioning.

AS A COLLABORATOR:

1. To discern clinical history and bedside signs and symptoms to make an informed decision regarding the appropriateness of interventional procedures.

PROGRAM

THURSDAY FEBRUARY 27 AND THURSDAY MAY 28, 2020

9:00 AM - 9:30 AM	<i>Chronic Pain Clinical Assessment</i>
9:30 AM - 10:05 AM	<i>Pain and Comorbid Depression</i>
10:05 AM - 10:15 AM	<i>Open Discussion</i>
10:15 AM - 10:30 AM	<i>Refreshment Break</i>
10:30 AM - 11:15 AM	<i>Stages of Change</i>
11:15 AM - 12:00 PM	<i>Facilitated Discussion – 6 Problem-Based Examples</i>
	<i>Readiness for Change</i>
12:00 PM - 12:30 PM	<i>Lunch</i>
12:30 PM - 1:00 PM	<i>Open Discussion of Morning Topics</i>
1:00 PM - 1:45 PM	<i>Simple Behavioral Strategies in Pain Management</i>
1:45 PM - 2:00 PM	<i>Practicing As a Group a Technique of Applied Relaxation Technique</i>
2:00 PM - 2:35 PM	<i>CBT</i>
2:35 PM - 2:45 PM	<i>Open Discussion</i>
2:45 PM - 3:00 PM	<i>Refreshment Break</i>
3:00 PM - 3:45 PM	<i>Pain In Special Populations (children, elderly, pregnancy)</i>
3:45 PM - 4:00 PM	<i>Open Discussion</i>
4:00 PM - 4:30 PM	<i>Work and Confronting Disability</i>
4:30 PM - 4:45 PM	<i>Open Discussion</i>

FRIDAY FEBRUARY 28 AND FRIDAY MAY 29, 2020

9:00 AM - 9:30 AM	<i>Opioid Use Guidelines</i>
9:30 AM - 10:00 AM	<i>Tapering Strong Opioids</i>
10:00 AM - 10:15 AM	<i>Open Discussion of Use of Opioids</i>
10:15 AM - 10:30 AM	<i>Refreshment Break</i>
10:30 AM - 11:30 AM	<i>Managing Pain Mechanisms</i>
11:30 AM - 12:00 PM	<i>Low Back Pain</i>
12:00 PM - 12:30 PM	<i>Lunch</i>
12:30 PM - 1:00 PM	<i>Open Discussion of Morning Topics</i>
1:00 PM - 1:45 PM	<i>Neck Pain</i>
1:45 PM - 2:00 PM	<i>Open Discussion</i>
2:00 PM - 2:30 PM	<i>Chronic Fatigue and Sleep Disorders</i>
2:30 PM - 2:45 PM	<i>Open Discussion</i>
2:45 PM - 3:00 PM	<i>Break</i>
3:00 PM - 4:00 PM	<i>Multidisciplinary/Interdisciplinary Pain Management</i>
4:00 PM - 4:30 PM	<i>Open Discussion of Multidisciplinary and Days Topics</i>

PROGRAM, Continued

SATURDAY FEBRUARY 29 AND SATURDAY MAY 30, 2020

9:00 AM - 9:30 AM	<i>Neuralgia and Hyperalgesia</i>
9:30 AM - 10:00 AM	<i>Standardized Pain Measures in Neuropathic Pain</i>
10:00 AM - 10:15 AM	<i>Open Discussion of Neuralgia</i>
10:15 AM - 10:30 AM	<i>Refreshment Break</i>
10:30 AM - 11:00 AM	<i>CNS Pain Mechanisms</i>
11:00 AM - 11:15 AM	<i>Open Discussion</i>
11:15 AM - 11:45 AM	<i>Chronic Headache</i>
11:45 AM - 12:00 PM	<i>Open Discussion</i>
12:00 PM - 12:30 PM	<i>Lunch</i>
12:30 PM - 1:00 PM	<i>Open Discussion of Morning Topics</i>
1:00 PM - 1:30 PM	<i>Opioid Dependency: Using Methadone and Suboxone</i>
1:30 PM - 2:00 PM	<i>Cannabis As “Medicine”</i>
2:00 PM - 2:30 PM	<i>Complex Regional Pain Syndrome</i>
2:30 PM - 2:45 PM	<i>Open Discussion</i>
2:45 PM - 3:00 PM	<i>Refreshment Break</i>
3:00 PM - 3:45 PM	<i>Interventional Treatment</i>
3:45 PM - 4:00 PM	<i>Open Discussion</i>
4:00 PM—5:00 PM	<i>CAPM Exam Based on Content of Three Course Days</i>



CREDENTIALING COURSE—2020

REGISTRATION FORM—BY MAIL, FAX, ONLINE

ATTENDEE INFORMATION

To Register Online: <https://eis.eventsair.com/capm-course-2020/capmcourse2020>

Select one: (Please circle) Dr. Mr. Mrs. Ms.

Name: First _____ Last _____

Organization: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Telephone: _____ Fax: _____

Email: _____

(Please print clearly)

Dietary Restrictions or Allergies: _____

COURSE FEES

To choose your fee—first choose the category you are registering under. If choosing a one day fee, please indicate which day(s). Add in exam fee. Total in the right side column. Add in membership fee if joining now. Add HST and complete the payment information. If you are taking the full course the full course fee applies. If taking one day, you can choose Feb 27 or Feb 28 or May 28 or May 29. **There is no option to take a one day choice on the exam day of Feb 29 or May 30.**

CATEGORY—You must be a member to take this course, so all fees are member fees.

REQUIREMENTS

Regular Fee To Feb 19 & May 22	Onsite Fee Feb 20—Feb 29 May 23—May 30	STUDENT Regular Fee To Feb 19 & May 22	STUDENT Onsite Fee Feb 20—Feb 29 May 23—May 30	EXAM FEE Student fees include exam fee	TOTAL
FULL COURSE FEES					
\$450.00	\$550.00	\$210.00	\$310.00	\$200.00	\$
1 DAY FEES—Choose: Feb 27 or Feb 28 or May 28 or May 29 Note: No option for exam day					
\$150.00	\$250.00	\$70.00	\$90.00	\$200.00	\$
CIRCLE YOUR DAY FOR ONE DAY REGISTRATION: Feb 27, Feb 28, May 28 or May 29					

- Not applicable for students**
- I am a Credentialing Stream Member of CAPM and will participate in the exam
 - I am sending proof of current licensure or registration of profession regulatory body
 - I am sending documentation of my highest academic degree or diploma relevant to pain practice
 - I am sending my CV via email demonstrating 2 or more years of active clinical practice in pain management
 - I am sending 3 letters via email of reference from colleagues supporting my pain management service

MEMBERSHIP—You must be a CAPM member. Use this space to join now.

I want to join now as a CAPM member
 You must be a member to participate on the course. HST not Included.
 Regular Member: \$200.00 (Jan 1—Dec 31, 2019)
 Student: \$25.00 (Jan 1—Dec 31, 2019)

SUBTOTAL: (Course fee, exam fee & membership fee if applicable) \$ _____
 Add 13% HST (#859733529R T0001) \$ _____
TOTAL: \$ _____

PAYMENT

CREDIT CARD: VISA MASTERCARD AMEX
 Register by Fax to: 1-905-404-3727
 Number: _____
 Exp: _____ CVN: _____
 Name on Card: _____
 Signature: _____

CHEQUE: Payable to Canadian Academy of Pain Management (include the registration form).
Mail to: 1143 Wentworth St. W. #202, Oshawa ON L1J

QUESTIONS: CAPM Office—Krista Hook—T: 905-404-9545, office@canadianapm.com