



1143 Wentworth Street West, Suite 202, Oshawa, ON L1J 8P7
Phone: 905-404-9545; Fax: 905-404-3727; office@canadianapm.com
www.canadianapm.com

REGISTRATION INFORMATION GUIDE

CANADIAN ACADEMY OF PAIN MANAGEMENT
PRESENTS:

PAIN MANAGEMENT ONLINE CREDENTIALING COURSE, NOVEMBER 2020

**CAPM MEMBER AND NOT CREDENTIALLED YET?
YOU CAN CREDENTIAL NOW!**

Credentialing pathway valid for members of CAPM
Followed by Qualifying Examination

**ORIENTATION SESSION
TUESDAY OCTOBER 27, 2020
7 PM - 7:30 PM**

**COURSE DATES
NOVEMBER 3, 5, 10, 12, 2020
6 PM—10 PM**

**This Group Learning program has
been certified by the College of
Family Physicians of Canada and
the Ontario Chapter for up to
16 Mainpro+ Credits.**



WHO SHOULD ATTEND

This multidisciplinary meeting is of interest to:

Physicians	Physiotherapists
Surgeons	Chiropractors
Nurses	Occupational Therapists
Interventional Pain Physicians	Pharmacists
Psychologists	Social Workers
	Massage Therapists

REQUIREMENTS:

1. Attend the online course and pass the exam based on attending the three CAPM days.
2. You are a current CAPM Member in the Credentialing stream.
3. Proof of current licensure or registration of your profession regulatory body.
4. Documentation of your highest academic degree or diploma relevant to pain practice, if applicable.
5. CV demonstrating 2 or more years of active clinical practice in pain management.
6. Three letters of reference from colleagues to support that you practice in pain.
7. A \$200 fee is applicable for credentialing.

FACULTY, 2020

DR. ELDON TUNKS, MD, FRCPC

Course Chair

Emeritus Prof Psychiatry McMaster
Consultant Department of Physical Medicine and
Rehabilitation
Hamilton Health Sciences
President, CAPM

DR. ELENI G. HAPIDOU, C PSYCH

Psychologist
Diplomate, Canadian Academy of Pain
Management (CAPM)
Michael G DeGroot Pain Clinic; McMaster University
Medical Center; Hamilton Health Sciences;
Associate Professor (PT);
Department of Psychiatry and Behavioral
Neurosciences; Associate Faculty Member; Department
of Psychology, Neuroscience and Behavior
(PNB), Clinical Behavioral Sciences & Bachelor of
Health Sciences Program,
McMaster University
Vice President, CAPM

DR. MARTHA BAUER, BSC, OT, OT REG (ONT)

Occupational Therapist
McMaster Family Health Team, Clinical Lec-
turer, McMaster University, School of Reha-
bilitation Sciences
Board Member, CAPM

DR. LYDIA HATCHER, MD, CCFP, FCFP, CHE, D-CAPM

Associate Clinical Professor McMaster
University (Family Practice)
Board Member, CAPM

DR. MICHAEL BOUCHER, BKIN, MD, CCFP, CIME

Assistant Clinical Professor, McMaster Uni-
versity; Consultant Pain-Related Education
Management & Medical-Legal Review; Diplo-
mate Interventional Pain Management
(CAPM); CPSO OHP/Peer Assessor; Medical Di-
rector, Burlington Pain Care; Medical Di-
rector, Hamilton & York Region Fire.
Treasurer, CAPM

THREE WAYS TO REGISTER:

1. ONLINE: <https://eis.eventsair.com/capm-course-2020/capmcourse2020>
2. FAX: 1-905-404-9545 (*When paying by credit card only*)
3. MAIL: CAPM, 1143 Wentworth Street West, Suite 202, Oshawa, ON L1J 8P7
(*Cheques payable to: Canadian Academy of Pain Management*)

CANCELLATION POLICY

Cancellations will be accepted up to two weeks prior to the start of the course dates with a \$60.00 cancellation fee. Within two weeks of the course start dates, there are no cancellations.

LEARNING OBJECTIVES

As a result of this course participation the learner will be able to:

AS AN EXPERT AND SCHOLAR:

1. Identify common and important pain disorders including the pain mechanisms underlying the clinical features, and correlate this with the current evidence on pain mechanisms.

AS AN EXPERT:

1. To conduct a bedside examination to distinguish primary nociception from chronic hyperalgesic or neuropathic pain conditions.
2. Identify through the history, review of documentary data and bedside examination, the conditions, comorbidities and syndromes, preparatory for effective pain management decisions.
3. Assess the patient's readiness for therapeutic change and identify obstacles interfering with change.
4. Choose behavioral strategies appropriate for the problem and to employ them.

AS A SCHOLAR:

1. Be able to discern acute, subacute and chronic neck/back spinal pain, and the evidence supporting or not supporting procedures to address spinal pain.

AS A COLLABORATOR AND AS AN EXPERT:

1. Have sufficient understanding of cognitive behavioral and multidisciplinary approaches that the clinician will be able to collaborate with the psychological or multidisciplinary providers and/or act as the most responsible clinician to promote functional improvement and return to occupational, psychological and interpersonal role-functioning.

AS A COLLABORATOR:

1. To discern clinical history and bedside signs and symptoms to make an Informed decision regarding the appropriateness of interventional procedures.

WHAT DO I NEED TO KNOW ABOUT GETTING ONLINE?

Full instructions will be provided to all registrants prior to the Practice Session October 27, 2020, or at any other time assistance is required.

DO I HAVE TO TAKE ALL FOUR DAYS?

Yes, for this course you do. The Certification will be ending for this course at the end of the course so CAPM cannot offer any single days at this time. The course will likely run again in 2021, but will be under a new certification, so at that time one day choices are likely an option.

ORIENTATION SESSION, TUESDAY OCTOBER 27, 2020

7:00 PM—7:30 PM Dr. Eldon Tunks

SESSION ONE, TUESDAY NOVEMBER 3, 2020

6:00 PM—6:30 PM **CHRONIC PAIN CLINICAL ASSESSMENT**

Dr. Eldon Tunks

6:30 PM—7:00 PM **STAGES OF CHANGE**

Dr. Eleni Hapidou

7:00 PM—7:30 PM **READINESS FOR CHANGE; PROBLEM-BASED EXAMPLES**

Dr. Eldon Tunks

7:30 PM—8:00 PM **PACING AND SIMPLE BEHAVIORAL STRATEGIES IN PAIN MANAGEMENT**

Dr. Martha Bauer

8:00 PM—8:30 PM **PRACTICING AS A GROUP A TECHNIQUE OF APPLIED RELAXATION**

Dr. Eleni Hapidou

8:30 PM—9:00 PM **COGNITIVE BEHAVIORAL THERAPY**

Dr. Eleni Hapidou

9:00 PM—9:30 PM **INTERDISCIPLINARY PAIN MANAGEMENT**

Dr. Eleni Hapidou

9:30 PM—10:00 PM **MULTIDISCIPLINARY PAIN MANAGEMENT**

Dr. Eldon Tunks

SESSION TWO, THURSDAY NOVEMBER 5, 2020

6:00 PM—6:30 PM **PAIN AND COMORBID DEPRESSION**

Dr. Eldon Tunks

6:30 PM—7:00 PM **PAIN IN SPECIAL POPULATIONS (CHILDREN, ELDERLY, PREGNANCY)**

Dr. Eldon Tunks

7:00 PM—7:30 PM **WORK AND CONFRONTING DISABILITY**

Dr. Eldon Tunks

7:30 PM—8:00 PM **OPIOID USE GUIDELINES**

Dr. Lydia Hatcher

8:00 PM—8:30 PM **AM TAPERING STRONG OPIOIDS**

Dr. Lydia Hatcher

8:30 PM—9:00 PM **LOW BACK PAIN**

Dr. Michael Boucher

9:00 PM—9:30 PM **NECK PAIN**

Dr. Michael Boucher

9:30 PM—10:00 PM **CHRONIC FATIGUE AND SLEEP DISORDERS**

Dr. Lydia Hatcher

SESSION THREE, TUESDAY NOVEMBER 10, 2020

6:00 PM—7:00 PM	MANAGING PAIN MECHANISMS Dr. Eldon Tunks
7:00 PM—8:00 PM	INTERVENTIONAL TREATMENT Dr. Michael Boucher
8:00: PM—8:30 PM	CNS PAIN MECHANISMS Dr. Eldon Tunks
8:30 PM—9:00 PM	CHRONIC HEADACHE Dr. Eldon Tunks
9:00 PM—9:30 PM	OPIOID DEPENDENCY: USING METHADONE AND SUBOXONE Dr. Eldon Tunks
9:30 PM—10:00 PM	CANNABIS AS “MEDICINE” Dr. Eldon Tunks

SESSION FOUR, THURSDAY NOVEMBER 12, 2020

6:00 PM—6:30 PM	NEURALGIA AND HYPERALGESIA Dr. Eldon Tunks
6:30 PM—7:00 PM	STANDARDIZED PAIN MEASURES IN NEUROPATHIC PAIN Dr. Eldon Tunks
7:00 PM—7:30 PM	COMPLEX REGIONAL PAIN SYNDROME Dr. Eldon Tunks
7:30 PM—8:30 PM	SIMPLE TRIGGER POINT BLOCKS IN FASCIAL LAYERS Dr. Eldon Tunks
8:30 PM—9:30 PM	DISCUSSION—“WHAT WAS LEARNED?”; “WHAT ARE MY FURTHER EDUCATIONAL OBJECTIVES?” Dr. Eldon Tunks

ONLINE SELF-ASSESSMENT

One hour of self-assessment on one’s own time, with feedback

EXAM

The exam will remain the same, but now it will be set up to give immediate feedback on completion to the learner on right/wrong answers. They must do the exam and the Chair of the course will be informed by TEAMS if they do it. Exam marks will not be posted and 70% grade will not be used for pass. Pass will depend on taking the course, getting the feedback, 3 letters of reference, being in good standing for CAPM and regulatory college, 2 or more years of practice with pain patients, and credentialing fee.



ONLINE CREDENTIALING COURSE—2020

REGISTRATION FORM—BY MAIL, FAX, ONLINE

ATTENDEE INFORMATION

To Register Online: <https://eis.eventsair.com/capm-course-2020/capmcourse2020>

Select one: (Please circle) Dr. Mr. Mrs. Ms.

Name: First _____ Last _____

Organization: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Telephone: _____ Fax: _____

Email: _____

Please print clearly

COURSE FEES—There is no option to take single days for this Virtual Course. The full course is the only option for 2020

	MEMBER Regular Fee To Nov 1, 2020	STUDENT Regular Fee To Nov 1, 2020	EXAM FEE You must also include the exam fee: <i>Not applicable to students</i>	TOTAL
Course Fee: Nov 3, 5, 10, 12	\$350.00	\$100.00	\$200.00	\$
MEMBERSHIP—You must be a CAPM member. (January 1—December 31)				
Regular Member	\$200.00			\$
Student Member	\$25.00			\$
SUB-TOTAL OF ALL CHOICES				
HST 13% (#859733529R T0001)				\$
TOTAL PAYABLE				\$ _____

REQUIREMENTS

1. I am a Credentialing Stream Member of CAPM and will participate in the exam
2. I am sending proof of current licensure or registration of profession regulatory body
3. I am sending documentation of my highest academic degree or diploma relevant to pain practice
4. I am sending my CV via email demonstrating 2 or more years of active clinical practice in pain management
5. I am sending 3 letters via email of reference from colleagues supporting my pain management service

PAYMENT

CREDIT CARD: VISA MASTERCARD AMEX

Register by Fax to: 1-905-404-3727

Number: _____

Exp: _____ CVN: _____

Name on Card: _____

Signature: _____

CHEQUE: Payable to Canadian Academy of Pain Management (include the registration form).

Mail to: 1143 Wentworth St. W. #202, Oshawa ON L1J 8P7

QUESTIONS: CAPM Office—Krista Hook—T: 905-404-9545, office@canadianapm.com